



INSPIRED BY LIFE



HI-TEC / SATORI WARRIOR CHALLENGE

Satori announces the introduction of a new club competition: The HI-Tec Satori Warrior Challenge.

There will be three lucky winners of this competition which will be announced at the annual prize-giving in November.

PURPOSE OF THE CHALLENGE

- To encourage mass participation amongst Satorians in a wide range of club events.
- Gain recognition and keeps members motivated throughout the year.
- Recognise the efforts of members who help out at water tables, TT's & in the Camel Run
- Introduce a competition that everyone can have a chance of winning
- To have some fun and socialize!

SO HOW DOES IT WORK?

Members need to earn a minimum of **100 points** to be eligible for the prize. The winners will be drawn by lucky draw from the names of those who achieve more than 100 points. The prize-winner is not the person who earns the most number of points, it can be anyone that gets over the 100 point mark, and points aren't just earned from running, they're gained from other activities like timekeeping, and marshalling, so anyone who takes part in club activities regularly should be in line to win the prize! While there is some recognition for longer distances run, the aim is not to focus on distance events only. By attending time trials and training runs regularly, members will still be eligible to win the prize

SO HOW DO YOU EARN POINTS?

Road Running, Trail running, Adventure racing		Satori Club Training Runs		Time Trials		Triathlon	
Ultra, >50k	20 pts	4 club runs a wk	10 pts	3km TT	3 pts	Ironman	20 pts
42-49km	15 pts	3 club runs a wk	8 pts	5km TT	5 pts	Half Ironman	15 pts
21-41km	10 pts	2 club runs a wk	6 pts			Olympic dist	10 pts
11-20km	8 pts	1 club run a wk	2 pts			Sprint dist	5 pts
5-10km	5 pts						

Bonus points!

More Bonus points!

Winner in age category of race	10 points		
2 nd place in age category of race	8 points	Timekeeper at TT	5 points
3 rd place in age category of race	6 points	Babe-watcher at TT	5 points
4 th place in age category of race	4 points	Water-table assistant	5 points
5 th place in age category of race	2 points	Marshalling	5 points
		Camel Run assistant	5 points
PB in Time Trial or race	5 points		
1 st or 2 nd place in Handicapped Time Trial	5 points		

THE RULES:

- The competition will be open to all Club members
- Members must accumulate 100 points to be eligible for the prize (lucky draw basis)
- Each member earning 100 points or more will have one entry into the lucky draw
- The competition will run from November 2010 to 23rd October 2011, to coincide with the annual prize-giving.
- Points for Time Trial time-keeping, babe-watching and for Training runs will only commence from May to November.
- All ASA-sanctioned races within the time period will be included
- Points awarded for a club training run will accumulate on a Monday-Sunday week
- Points will be earned according to the table above
- Points for water table assistance will include the Milkwood and the Puffer races
- Points for marshalling assistance will include the Junior X Country race
- Points for the Satori Camel Run assistance will include all portfolios: water tables, marshalling, parking, start and finish, etc.
- Multi-day events will earn points as a single race (the distances will be accumulated)

PLEASE NOTE:

Trail running, adventure racing and orienteering are also recognized for this competition. The monitoring of these races, however, is not easy as the results are not sorted by Club or sent to the Club secretary. It will be each member's responsibility to notify raceresults@satoriathletics.co.za of your result so that it can be included in the points tally. This also gives us an opportunity to recognize these great achievements in our newsletter. Your assistance here is greatly appreciated.

The competition will be open to all Club members.

This is the first year that we are introducing the competition, and we welcome any suggestions.